



# *PARTNERS IN TEACHING:*

## *Seizure Awareness Workshops and Resources*

Partners in Teaching is a free service offered to school personnel for professional development and student safety. With input from educators, health care professionals, and parents, the BC Epilepsy Society provides free workshops and classroom resource kits, designed to educate school staff about seizures and first aid.

The reality is:

- **Seizures are common.** It is estimated that 1 out of 12 people will have a seizure during their lifetime. Epilepsy, a condition which involves recurring seizures, affects approximately 1% of the population and tends to be more prevalent amongst children and the elderly.
- Teachers are **often the first to respond to and recognize** a seizure in a student.
- School staff who know how to respond to seizures **improve safety standards** and **positively influence** the reactions of students and staff.
- Some seizures may be brief or subtle and **could be misinterpreted** as behavior difficulties, clumsiness or inattention.
- There is a higher incidence of **learning difficulties and depression** amongst children and youth with epilepsy.
- All students benefit when a teacher has the appropriate knowledge to help ensure **a safe and supportive classroom.**

The BC Epilepsy Society works in conjunction with health care professionals, including the staff at the Neurology Clinic at BC Children's Hospital, to provide factual information that is current and applicable in order to address the common concerns of school personnel.

## ***Educate Yourself to Educate Others!***

**Contact the BC Epilepsy Society for more information:**

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